
POIS-2 MEETING AGENDA 20

Verus Global® Tool: My Personal Best

A. Meeting Opener Options:

1. Big question: What are some examples of where you are able to live your purpose in life through your work, your job?
2. Living My Personal Best unlocks a person's potential. As you live high up the wisdom curve more consistently, what shows up in your life? Your work?

B. Tool of the Week – Gaining Mastery

Choose 1-2 questions to gain further mastery with this week's tool.

1. "Dance Like Nobody is Watching" is a powerful metaphor. It reflects what a person is able to live and exhibit when they get to this point on the wisdom curve. What does Dance Like Nobody is Watching mean to you? And why is it so valuable for a leader to possess this quality?
2. Many people try to create "Quiet Mind" by manipulating the circumstances around them; yet, the most effective leaders know that this quality is "an inside job." In other words, when they live the qualities prior to Quiet Mind, it comes naturally. As you utilize this tool more consistently, what would you like the future to look like as you operate with greater Quiet Mind?
3. What are some examples of where you've had Quiet Mind, trusted your intuition, and then made choices that have later proven to be smart choices? What is the relationship of this to best ever? How will you achieve Quiet Mind today so you can access your intuition even more?
4. Talented leaders are able to build the bottom line and operate with a "Passion to Serve." Who are some leaders you believe model this quality?

C. Application to Deliver My Best Ever: Choose 1-2 application options from the list below. Spend the majority of your meeting on application.

1. *Propelling My Performance to Deliver My Best Ever*

If you have not already done so, is it time to meet with your upline leader to revisit your Performance Propeller and Plan? If so, consider using adapting the following Recipe for Partnership to guide the conversation.

1. Of the abilities you identified to improve or grow even stronger, what is one ability you developed last week?
2. What Verus Global® tools did you use – and how did you use them – to create those successes?

For the upcoming week, choose a. or b.

- | a. | or | b. |
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| 3. Identify one ability from your Performance Propeller Plan and a situation in which you can build and develop this ability.
4. Why is success with developing this ability so important to you?
5. Use the Moving It Forward Formula to answer these two questions:
a. What behaviors will deliver results in this situation?
b. What Verus Global® tools will you utilize to build those behaviors and deliver results? | | 3. Identify a current challenging situation you want to move forward.
4. Why is success with this situation so important to you?
5. Use the Moving It Forward Formula to answer these two questions:
a. What behaviors will you build that will develop this ability?
b. What Verus Global® tools will you utilize to build those behaviors and deliver results? |

2. *Live Action Coaching*

- Have one POIS Team Member identify a challenge currently facing them.
- Briefly share the context of the situation. Identify who will play the individual or group of people in the situation.
- First, role play what it sounds like when people face the issue while NOT utilizing the My Personal Best. Now, discuss the impact of your thoughts and actions, had it been an actual conversation.
- Next, role play the same situation, this time utilizing My Personal Best.
- Wrap up this application by discussing what the team members doing the role play observed in themselves. What were they thinking? What were they feeling? Where was their focus? Conclude with this question - what results would occur from this type of conversation?

3. *What a difference the real YOU makes!*

- Dancing Like Nobody is Watching means the world gets to see the real you.
- Give each POIS Team Member post it notes, one sheet for each POIS Team Member on your team including yourself. On one post it note, write one quality that exemplifies one of your POIS Team Members – the real them! Continue writing one post it note for each POIS Team Member, including yourself.
- Exchange post it notes so that each POIS Team Member has all the notes about them. As you look over the notes about you, what draws your attention? What surprises you? Are you discounting one or more notes, possibly telling yourself that one of the qualities listed is not the ‘real you’? What’s the opportunity when someone sees something in you that you don’t see in yourself?

- In some cultures it is okay to be unique, and in other cultures it is not. Consider that at the cellular level, each of us is unique. We each have unique DNA. And our best ever is uniquely us. How are these unique or special qualities that come out when we are moving up the wisdom curve and Dancing Like Nobody is Watching different than the kind of special or unique that is superior, egocentric or demonstrating a Big “E”?
- Consider the post it notes as well as any other qualities you can think of. What is a quality you’d like to demonstrate even more this week?
- How will living this quality serve you and those around you?

4. From Obligation to Passion to Serve

- Think about a situation in which you have demonstrated a Passion to Serve.
- How have you also experienced the first five elements of My Personal Best in that situation?
- If we are serving strictly out of obligation, this is not serving with a Big R and it is not from a Passion to Serve. What are indicators to you that you are serving exclusively out of obligation? Sometimes, we may have to do this. What is the cost if we serve only out of obligation too often?
- Identify a situation in which you want to operate with a Passion to Serve even more.
 - For that situation, what elements have you been able to move through? Have you moved through Acceptance? Have you been able to accept yourself? Others? The situation? Have you moved through Responsibility? Have you taken responsibility for your role? Etc. What difference does it make to acknowledge what you have done?
 - Once you have identified which element you have not been able to move through, what Forward Focus Questions can you ask yourself to move up the wisdom curve from that point? These questions often take great courage to be able to answer – otherwise, you would have already moved through that element! Ensure your questions will really move you forward and through to Passion to Serve.
 - What difference will it make in your life to show up in this situation with a true Passion to Serve? What difference will it make to the people involved? To the partnerships? To the performance?
- In what way does this allow us to deliver our best ever even more?
- Share your “From Obligation to Passion to Serve Forward Focus Questions” with the Win Wizard to include in an upcoming Results Report.

Support the entire team:

1. Determine which POIS team member will write their weekly Result Report for this week’s submission to the Win Wizard.
2. Is it one of your POIS team member’s Tool Captain Report week? How can you support this team member to lead the team by sharing their insights with their chosen tool?
3. How will you individually or collectively acknowledge this week’s Tool Captain?

Determine meeting time, leader and location for your next POIS-2 meeting.

Meeting Closer Options:

1. How does the My Personal Best tool allow you to live your purpose in life? How does it allow you to deliver your best ever?
2. Living My Personal Best is a personal choice. Looking at the day and week ahead, what are the moments you want to commit to living your Personal Best even more? And why?