



Homeward Bound Framework

To be a fulfilled and effective leader at work, it is vital that you focus on your "whole person". Use this Framework during your transition home so you can focus on what truly matters.

1. What did I learn today that is valuable?
2. What did I do well today?
3. What are the three greatest blessings in my life?
4. How can I be the best mom, dad, spouse, friend I've even been tonight?

Meeting Bound Framework

1. What has gone well with this team lately?
2. What have I done recently that has contributed to the success of this team?
3. What is my highest vision regarding the people, our partnership and our performance for this meeting?
4. Why are these outcomes so important to me?
5. How can I apply my focus and leadership to be the best team member I've ever been?

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