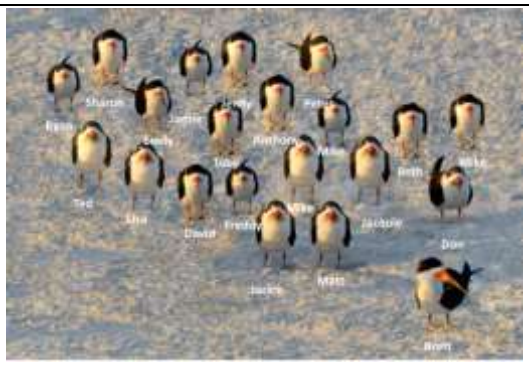
The Turn Team Times

And Celebrity Gossip Rag

"Teamwork is the ability to work together toward a common vision. The ability to direct individual accomplishments toward organizational objectives. It is the fuel that allows common people to attain uncommon results."
(unknown)



Turn Team Continues to Meet, Support and Discuss….

This week's stories and photos are included below for your reading entertainment and inspiration.

ENERGY MAP!!! Everyone dance in a circle now!

5 Folks on the Right Side of the Energy Map!!

Happy Feet Report Out….

The sixth meeting of the Happy Feet group occurred on August 29, 2011, at One Seagate with NAME hosting. We were all present, but NAME was back at P4 via telecon. During this meeting, we discussed the Energy Map.

As always, we listened to the audio selection from Verus. After that we began our discussion with NAME leading our group. We each related how the energy map applied in our groups. One member noted that the blame game is being played less and less in that group. That is, group members are being forward focused by working the problem instead of being backward focused trying to give responsibility for the problem to someone. It was noted that people still fall back into the backward focus, but recover more quickly.

Another group member recounted using forward focused questions to redirect a backward focused comment. The member's group leader made a comment about when he might expect our group member to be able to get work done (as our member was in training). Our group member redirected the question by noting that projects were moving forward while training was ongoing and was able to redirect the focus using positive comments.

A third group member's working group is currently meeting regularly to discuss the tools and approach, at least as it applies to work. The meetings were prompted by recently minted Pathways graduates in the group. The meetings are open to talk about problems or issues that have occurred over the past time between meetings, but they are focused on moving forward and looking at the tools and attitudes. In these meetings, the issues have reduced and the group is moving forward.

An interesting comment was made that our culture, in general, or at least the media, focuses on the negative. Politics, storm coverage (for the recent Hurricane Irene), and other areas generally give a backside bent to their reporting or coverage.

A question arose as to how our individual work groups were with regard to the energy map. The discussion centered on how a problem can be looked at as an opportunity. The problem itself does not have to be assigned a positive or negative bent, but just recognized as something that needs solution. Every problem is an opportunity, whether it is an IT issue, a black belt LSS issue, or a daily working issue. Choosing to focus on solving it positively is something we all can choose to do.

Finally, we concluded with a short discussion about interactions with others and interacting with their energy maps. It was noted that when we interact with others, we interact with their energy maps. We can choose to help others with negative maps refocus by asking forward focused questions. We can also choose to fall into the backside. Ultimately, we can offer alternatives to a negative map without taking the responsibility to pull the others out of their maps. We have a responsibility to help offer alternatives for their maps but not to accept their maps as our own. A tongue-in-cheek suggestion was made that we start a nomination process for people to be reeducated on Pathways when it is recognized that they are on a negative side too often. And we concluded our meeting, looking forward to our next one later this week.

Los Valientes….

We started off with what was seemingly a small and simple question, name two good things that happened this week, one at home and one at work. Some of the things mentioned were small in nature but made a large impact.

- learning to use an commercial style weed whacker

- receiving an offer from a stranger to use an awning during a rainstorm while out on a motorcycle ride

- getting a hello from a co-worker for the first time

- a spouse's home business starting to take off

- a co-worker off on vacation, allowing for a chance to work on things and not being distracted by other things

- having good discussions with coworkers and receiving tips on how to handle work overload, and making headway despite all the work

- boarding up a room that was exposing some insulation so that it would become usable

- getting a chance to make some home made apple wine

- figuring out a way to complete pathways mastery and start green belt training

- working with a vendor and figuring out a way to get a much needed hardware upgrade at no cost to the company

The point of the exercise of course was to get the group on the forward side of the energy map. Here are some other highlights of our discussion:

It was interesting to note despite the good things how easy it was to slide to the back side. sometimes the smallest of things could cause your day to go one way or the other and it is up to us to decide how things are going to go. We could decide to focus on that bad event/thing that happened or we can decide to flex our awareness muscle and look at things in a forward focus way.

Sometimes things don't go the way we plan and we choose to see that as a bad thing, when in reality things could have gone much worse and we could miss out on what is truly happening around us and perhaps people that are trying to help us.

The energy map is like a constant tug of war, every little bit you can have on the front side will help you stay on the front side. (or even move towards the front side)

If you are around crabby people you feel crabbier! If you are around happy people you can only feel happier! But at the same time having the knowledge that we have a choice in every situation, there is some sense of responsibility on our part to help the crabby people move toward the front side.

We are all responsible first to ourselves and secondly to the culture we want to cultivate.

Staying on the front side can be a lot of work, sometimes it is a fight against human nature to be forward thinking.

We left with a challenge and that was simply to think of one thing that we were looking forward to in the coming week, we invite you all to challenge yourselves to constantly look towards the next "thing/event" that you are looking forward to.

"Frown and you frown alone, but smile and the whole world smiles with you." - from http://www.wikihow.com/Smile

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Celebrity Gossip Time!

Inside Katy Perry and Russell Brand's Romantic VMAs Date Night
Us Magazine

Kevin Mazur/WireImageUs Magazine

Katy Perry was the belle of the ball at Sunday's MTV Video Music Awards at the Nokia Theatre in L.A.

Not only did the 26-year-old "California Gurls" singer pick up her first two Moonmen trophies, including Video of the Year ("Firework") and Best Collaboration ("E.T." with Kanye West), but she also turned the awards show into a romantic date night with hubby of 10 months Russell Brand, 36.

"Russell and Katy were by each other's side all night," an eyewitness tells Us Weekly. Seated in front of fellow lovebirds Selena Gomez and Justin Bieber, the spouses "had their arms linked and their hands intertwined. They seemed really happy and were just smiling and beaming at each other."

Throughout the show, the eyewitness notes, "they were whispering in each other's ears and giggling -- it looked like they had private jokes to share."

Brand looked "genuinely touched, almost tearful" when his bride won her first award, and Perry was equally proud of the heartfelt speech her husband gave during the Amy Winehouse tribute.

"Not only was he providing the beautiful color palette that Amy was, but also providing a realistic point of view and giving hope to anybody out there that felt like they needed hope," the singer told reporters backstage. "I thought it was really well-rounded and smart, and that's why I married him. He is smart and I learn a lot."